

You Are Invited to An Important Community Health Event

# DIABETES IN OUR COMMUNITY: LIGHTING THE WAY TO HEALTHY LIVING

Messiah Missionary Baptist Church • 5640 E 38th St, Indianapolis, IN 46218

Dr. Stephen J. Clay, Senior Pastor



**Save \$\$ with FREE Health Screenings!!**

Health Screenings.....\$50

Education.....\$25

Lunch.....\$25

Physician Consultation.....\$50

**Total Savings.....\$150**

**YOUR GOOD HEALTH.....  
PRICELESS!!!!**

## Saturday, December 6, 2008

**9:30 AM - 10:00 AM**

**Registration**

**10:00 AM - 2:00 PM**

**Program, Health Screenings & Lunch**

### Speakers

- Indiana State Representative, William Crawford
- Indiana State Representative, Gregory Porter
- Dr. Henry Rodriguez, Endocrinologist
- Rose Flinchum, Certified Diabetes Educator
- Sherri Horvat, Certified Diabetes Educator

### Did You Know:

- 8.1% of Indiana's adult population reported that they have been diagnosed with diabetes compared to the national average of 7.5%
- Diabetes was the 6th leading cause of death in Indiana in 2005. It was the 4th leading cause of death for Blacks, 7th for Whites, and 6th for Hispanics/Latinos

Join Us to:

- Learn about the risks for diabetes
- Learn how to prevent the on-set of diabetes
- Learn how to manage your diabetes
- Take advantage of **FREE HEALTH SCREENINGS!!!**

Leave with:

- Educational materials
- A healthy lifestyle gift and a chance to win a **DOOR PRIZE!**

**This event is FREE and LUNCH will be served.**

**To RSVP for this event please  
call 888-864-3824 or email  
KamilaW@IHPOnline.net**

